

The Friends of the  
Robert Moses State Park Nature Center Inc.

SUMMER  
Nature Center

*Mind, Body Soul – Come Alive!*

Funded by the  
Alcoa Foundation

### July Events

July 5	Geocaching	3-5pm	July 12	Teddy Bear Picnic	6:30 – 8pm
	Campfire Cooking	6:30-8pm	July 13	Rug Braiding	1 – 3pm
	Humane Society Craft	7-8pm	July 15	Making Sundials	6:30-8:30pm
July 6	Trail Walking Club	9-10am	July 20	Outdoor Yoga	10-11am
	Doggie Fashion Show	12-2pm		Intro to Reiki	11:30-1:30pm
	Making Sun-Visors	3-5pm		Clay Fairy Houses	1-4pm
	Outdoor Meditation	4-5pm	July 27	Basket Weaving	10-1pm
July 7	Guided Bird Walk	9-10am		Campfire Cooking	6:30-8pm
	Outdoor Yoga for Kids	10-11am		Learn to Hand Drum	7-9pm
	Kid's Craft	11-12pm	July 28	Rug Braiding	1-3pm

### August Events

Aug 3	Trail Walking Club	9-10am	Aug 11	Mixed Media	2-4pm
	Watercolor Painting	1-3pm	Aug 17	Intro to Reiki	12-2pm
Aug 10	Outdoor Yoga (kids)	10-11am		Basket Weaving	1-4pm
	Outdoor Meditation	12-1pm	Aug 24	Basket Weaving	1-4pm
	Mixed Media	2-4pm	Aug 31	Campfire Cooking	6:30-8pm
				Star Walk	7:30-9:30pm

Pre-register for Events

(315) 705-5022 or email [ncrebirth@yahoo.com](mailto:ncrebirth@yahoo.com)

The Robert Moses State Park Nature Center, 19 Robinson Bay Rd., Massena

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