


Lampson Falls

Clare, NY

LEGEND

----- Trail

 Parking

 Trail Head

 Waterfall

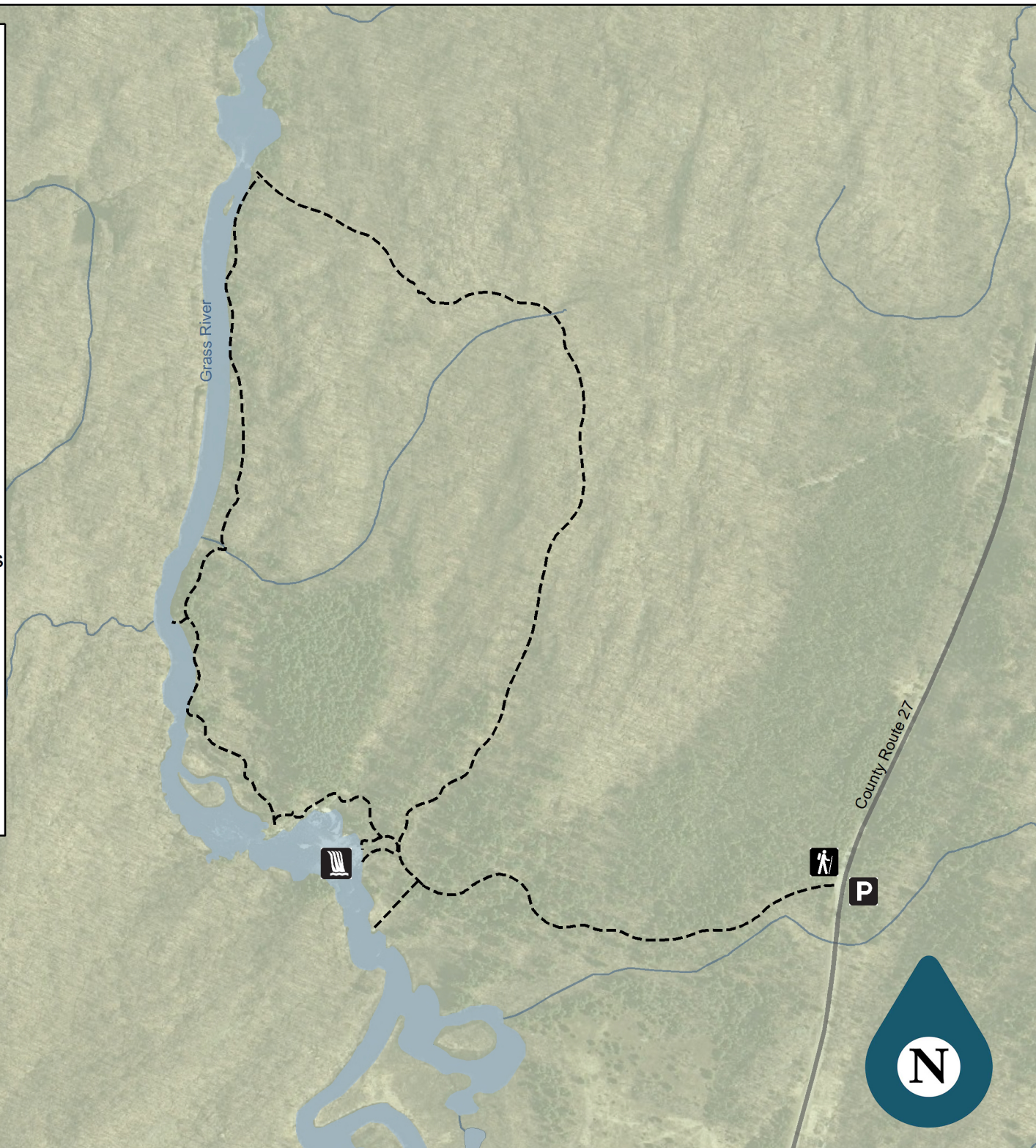
Distance: 3.1 mi round trip

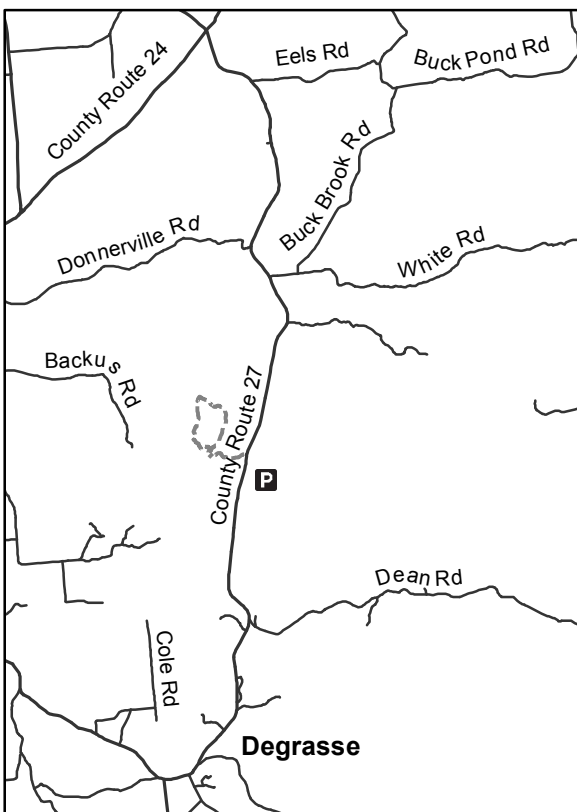
0 0.15 0.3
Miles

0 0.25 0.5
Kilometers

Nature
UpNorth

Data Sources:
Cornell University Geospatial Information Repository
National Hydrography Database
NYS Cyber Security





Lampson Falls Trail, Clare, NY

Distance: 3.1 miles Use: Hiking Difficulty: Easy Dogs Allowed: Yes

Description:

The Lampson Falls trail provides access to one of the largest waterfalls in the North Country. Lampson falls is a 100ft drop on the Grasse River. The falls are viewable from the top on river right or further down the trail across from the falls. There is a small beach area and a rock outcropping suitable for sunbathing and falls watching if you choose not to continue on the loop. Many people swim in the pool at the base of the falls during the summer. Parking is available opposite the trail entrance year round. The trail is wide, a very gradual grade, and accomodates wheel chairs until you reach the top of the falls. You can continue along the trail on a slightly steeper downhill to get to the beach and falls viewing area. Continuing on the trail from the beach does require one even steeper section where it may be useful to use trees for support, look to the far right for a slightly more gradual switchback route instead of walking straight up the side of the hill. On top of the hill you can get better views of the falls and continue on the loop trail that will take you out along the river for 0.5 miles until it turns back into the woods and heads back towards the main trail for 1.4 miles. This section can be overgrown in the summer, but provides a scenic forest walk.

Directions:

The Lampson Falls trail is located on the west side of County Route 27 in the town of Clare, 4 miles north of Degrasse if traveling north or 5 miles south of County Route 24 if traveling south. The GPS coordinates are 44 24.303N 75 03.687W for the trailhead.